Work related stress

How to measure risk and monitor it over time.



Our methodology.

- 1. Test based on 12 specific areas to be evaluated.
- 2. Anonymous questionnaires delivered to workers.
- 3. In the questionnaires there are questions for each area. The workers express a score (0-6 and 1-5).
- 4. Measurement of average results in every area.
- 5. A detailed report is sent to company.
- 6. Corrective actions.
- 7. Measurement over time (every 6 months, every year....)

Note: in Italy, work-related stress is regulated by Legislative Decree 81/08 (D.Lgs. 81/08)

